



# THE ULLADULLA AND DISTRICTS COMMUNITY RESOURCES CENTRE NEWSLETTER

FEBRUARY 2025 -APRIL 2025

## WHAT'S NEW NEWSLETTER

### Who We Are and What We Do

The Ulladulla and Districts Community Resources Centre is your local Neighbourhood Centre. We are here to assist all members of the community and visitors to the area who contact our Centre. We have a variety of services that visit the Centre. We also offer information and referral, administrative support, group activities, Food Store and food parcels, Justice of the Peace, Work Development Orders, free computer tuition, Tax Help and we hold courses and events. **78 St Vincent Street, Ulladulla NSW 2539 Phone: 02 4454 0477**

*International*  
**WOMEN'S DAY**  
**You are invited to celebrate**  
**on Saturday 8 March 2025**  
**Noon to 2pm**  
**Presentation and Luncheon**  
**Dunn & Lewis Foundation**  
**Presentation by Liza Butler MP**  
**Entertainment:**  
**Sing Express: Sisters**  
**Local women's groups have**  
**been nominated for their**  
**hard work and dedication to**  
**our community.**  
RSVP 02 4454 0477 or email  
reception@ulladullacrc.org.au

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## Weekly CRC Visiting Services and Activities

| DAY              | GROUP OR SERVICE  | CONTACT   | HOURS  |
|------------------|---|---|--|
| Monday           | NA<br>JP Community Desk<br>Family Services<br>RFCS Financial Counselling<br>YOGA  | 4454 2990<br>4454 0477<br>1800 372 000<br>1800 570 655<br>4454 0477 | 12pm-2pm<br>9am-12pm<br>By Appointment<br>4 <sup>th</sup> Monday of month<br>10-11AM |
| Tuesday          | AlAnon<br>Interagency (first Tuesday of the month)<br>JP Community Desk<br>Family Services<br>Campbell Page                         | 4454 3823<br>4454 0477<br>4454 0477<br>1800 372 000<br>1300 139 920 | 10am-11.30am<br>9.30am-11am<br>9am-12pm<br>By Appointment<br>weekly                  |
| Wednesday        | Correctional Services<br>Food Store<br>Personnel Group<br>Shoalcoast Legal 2 <sup>nd</sup> and 4 <sup>th</sup><br>JP Community Desk | 4424 6700<br>4454 0477<br>0413 463 069<br>1800 229 529<br>4454 0477 | 9am-4pm<br>9.30am-11am<br>9am-4pm<br>By Appointment<br>9am-12pm                      |
| Thursday         | AlAnon<br>Ostara<br>Workskills<br>Stroke Recovery 3 <sup>RD</sup> Thurs<br>JP Community Desk  | 4454 3823<br>9055 1630<br>4403 9646<br>1300 650 594<br>4454 0477    | 1pm-2.30pm<br>By Appointment<br>Fortnightly<br>Monthly<br>9am-12pm                   |
| Friday           | Food Store<br>Personnel Group<br>JP Community Desk  | 4454 0477<br>0413 463 069<br>4454 0477                              | 9.30am-11.00am<br>By Appointment<br>9am-12pm   |
| Other Activities | Counsellor - Sarah Date<br>Computer and Literacy Lessons<br>Admin Support Worker<br>Tax Help (Aug-Oct)                              | 0400 173 391<br>4454 0477<br>4454 0477<br>4454 0477                 | By Appointment<br>By Appointment<br>By Appointment<br>By Appointment                 |

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## FREE LEGAL ADVICE

### **Shoalcoast Community Legal Centre Inc.**



Shoalcoast Community Legal Centre offers free and confidential legal advice by phone or face to face. We visit the Ulladulla and Districts Community Resource Centre fortnightly on a Wednesday.

Bookings are essential.



1800 229 529



[www.shoalcoast.org.au](http://www.shoalcoast.org.au)

#### **We can assist with:**

- Traffic Offences
- Neighbour Disputes
- Employment Issues
- Tenancy
- Credit and Debt
- Parenting Matters
- Separation / Divorce
- Planning Ahead
- Victims Compensation
- Domestic Violence
- Consumer Issues
- Personal Safety
- Procedural Advice

#### [A story by Agony Ann](#)

#### **I need legal help!**

“The separation had been traumatic, and she had no idea how she was going to carry on. Everything was up in the air, and she was barely surviving on her small part time wage. With three kids to support it was a struggle.

Her ex-partner had moved out to live with his new girlfriend and was oblivious to her financial situation despite constant requests for help with the children’s expenses. With the loss of his income there was barely enough to keep food in the house.

Her parents had helped as much as they could but finally advised her that she needed to seek legal help to ensure the father of her children paid his fair share towards the children’s upbringing. But where could she seek free legal advice?”

If you need Family Law legal help or advice either call in to our centre or ring

**Shoalcoast Community Centre Inc. on 02 4422 9529/1800 229 529**



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## Supporting South Coast Locals for 50 Yrs

Elders Insurance Ulladulla is proud to support Ulladulla CRC and many other business and community groups by giving sponsorship dollars, free advice, and volunteering our time.

When you need some advice on insurance, ask the company local's trust - call Elders Insurance Ulladulla



Contact Your Local Elders Team for a personalised quote today

02 4455 1277 🔍 Search for 'Elders Insurance Ulladulla'



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We're still here  
and working for you!  
Please call 1300 874 000.

[personnelgroup.com.au](http://personnelgroup.com.au)



**249 PRINCES HIGHWAY ULLADULLA NSW 2539**  
**PHONE (02) 4455 5339**

Our friendly helpful staff are available for all your pet care and large animal needs. From advice about flea or tick control through to an emergency in the middle of the night



|  |   |  |
|--|---|--|
| <b>Vincentia</b><br>6 St George Ave<br>Ph: 4441 8886 | <b>Ulladulla</b><br>268 Green St<br>Ph: 4455 6000 | <b>Sussex Inlet</b><br>By Appointment<br>Ph: 4441 8886 |
|--|---|--|

Email: [support@jervisbayhearingcentre.com.au](mailto:support@jervisbayhearingcentre.com.au)

- ✓ Vitamins
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Your Health Shop