



VOLUNTEERING

**PUTTING YOUR HAND UP TO
VOLUNTEER IN YOUR
COMMUNITY**

**ULLADULLA & DISTRICTS
COMMUNITY RESOURCES
CENTRE**

**78 St. Vincent St, Ulladulla
NSW 2539**

T: (02) 4454 0477

Email:

reception@ulladullacrc.org.au

**Please note: Contact the
volunteer organisation you
wish to register with directly.**



Copyright @ 2014 by Ulladulla & District
Community Resources Centre

Updated version 2025

All rights reserved. No part of this book may be reproduced or altered in any way without the written permission from the Ulladulla & Districts Community Resources Centre Management Committee.

Table of Contents

	Page
1. Animals	
• RSPCA	6
2. Children & Youth: Respite-Special Purpose School-Youth Services-Recreation & Skills Building	7-11
• Budawang School for Special Purpose	
• Care South - Aunties and Uncles Program	
• Scouts	
• Noahs	
• Yurana	
3. Community Information & Sharing	
• Ulladulla & Districts Community Resources Centre	12-13
• Community Connect Southern Shoalhaven	
4. Community Environmental Group	14
• Gondwana Fossil Walk and Fossil House -Display rooms and walks	
5. Community Service Clubs & Groups	15
• Apex	
• Australian Red Cross	
• Country Women's Association	
• Lions	
• Rotary	
6. Community Transport	16-17
• Community Transport Aid – Ulladulla Milton & Districts Inc.	
• Shoalhaven Community Transport Service Inc.	
7. Community Visitor Schemes	18
• Shoalhaven Palliative Care Volunteer Service Inc.	

8. Day Centres-Health-Meals-Social Support	19-22
<ul style="list-style-type: none"> • Day Centres: <ul style="list-style-type: none"> - Ulladulla Respite Service • Health: <ul style="list-style-type: none"> - Community Health Centre Meals & Social Support - Southern Shoalhaven Meals on Wheels • Social Support & Activities <ul style="list-style-type: none"> - Seniors –IRT 	
9. Emergency, Disaster & Rescue Services	23-25
<ul style="list-style-type: none"> • Marine Rescue • Rural Fire Brigades • State Emergency Service 	
10. Environment and Conservation	26-27
<ul style="list-style-type: none"> • Bush care groups –Public Land • Milton Rural Landcare Nursery 	
11. Fundraising-Opportunity Shops–Welfare	28-35
<ul style="list-style-type: none"> • Australian Red Cross – Milton Ulladulla Branch • Cancer Outpatients Appeal of Milton Ulladulla Inc. • Dunn & Lewis Youth Development Foundation • Milton Ulladulla Branch United Hospital Auxiliaries NSW Inc. • Outreach Centre Uniting Church of Australia • St Vincent De Paul Society • The Milton Ulladulla Entertainers • The Salvation Army – Red Shield Family Store 	

12. Surf Life Saving	36
• Mollymook Surf Life Saving Club Inc.	
13. Miscellaneous	37
• Safe Waters Community Care Inc.	

***Please note.** This resource provides information on just some of the many organisations in the local area which utilise the valuable and rich resource of volunteers to provide a wide variety of services to the community. If you belong to a community-based organisation which uses volunteers and would like to be considered for inclusion in a future edition of this booklet, please contact the Coordinator at the Ulladulla & Districts Community Resources Centre on 4454 0477 or via email to - coordinator@ulladullacrc.org.au.*

1. ANIMALS

Royal Society for the Prevention of Cruelty To Animals (RSPCA) Shoalhaven Volunteer Branch

Services: RSPCA NSW Shoalhaven Volunteer Branch provides support to the Shoalhaven community. Run exclusively by volunteers, the branch plays a vital role in the community holding fundraising events throughout the year and advocating for responsible pet ownership. They also provide financial assistance for desexing, vaccinations and other veterinary procedures to vulnerable people in the region and have a foster care and rehoming program for surrendered animals.

Volunteering opportunities: Foster caring, administration support, customer service and community engagement, planning and coordinating fundraising events plus many more opportunities.

Personal qualities/skills/ experience/ qualifications: Passion for animal welfare and an advocate for responsible pet ownership, ability to work within a team and individually, positive attitude, ability to follow direction but also show initiative, good communication skills, basic computer skills and be at least 16 years of age.

Training, trials, and checks: Online volunteer induction covering organisational information, policies, procedures, WHS, and other opportunities. Training and guidance from experienced branch volunteers, opportunities to upskill with the RSPCA NSW training team and access to ongoing support for other opportunities in the organisation.



Contact 0414 749 490. Email:

shoalhavenbranch@rspcansw.org.au

Scan our QR code to find out more



2. CHILDREN & YOUTH

Budawang School for Special Purpose

Services: The school caters exclusively to students between the ages of 4 to 20 with a severe or moderate intellectual and/or physical disability. An educational facility that provides individual education plans, care and emotional support as student progresses over time towards transition to work or community participation. Priorities include health and well-being, communication skills, curriculum focus, student engagement and community partnerships.

Volunteering opportunities: Include classroom, outdoor and community-based activities such as: cooking, baking, shopping, gardening, music, technology, art and craft, bike riding, swimming and communicating. The school welcomes volunteers with a disability.

Personal qualities/skills/experience/qualifications:

▪ Flexible ▪ Caring ▪ Patient ▪ Resilient ▪ Individual strengths/ skills are matched to activities. New ideas are encouraged.

Training, trials and checks: Induction program, flexible on-the-job training relevant to the role & prior experience. Police and Working with Children Checks apply- paid for by the school.

Contact Principal 44551491

Email: budawangs.school@det.nsw.edu.au



Care South – Aunties & Uncles Program

Services: Care South is a Not-for-Profit organisation providing responsive care and support services to strengthen individuals and communities. The Aunties & Uncles program provides support to children aged between 3 and 12 years living in families experiencing isolation, stress or disadvantage. The program links children with appropriate volunteer role models.

Volunteering opportunities: Volunteer carers will provide quality time and care, support, friendship and mentoring to children for a minimum of 1 weekend a month.

Personal qualities/skills/experience/qualifications:

- Must be over 21yrs
- Singles, couples or families
- Have a friendly nature
- Enjoy mentoring children
- Previous experience caring for children
- Current driver's licence
- A registered car
- Comprehensive Car, home & contents Insurance recommended.

Training, trials and checks: Induction programs plus additional training such as: caring for children, OH&S in the home, building relationships and setting boundaries. Volunteer carers undertake screening, including Police and Working with Children Checks (paid for by Care South).

Contact: Intake Coordinator- 1300 554 260



Scouts

Scouts: Scouting aims to encourage the physical, intellectual, social, and spiritual development of young people so they may play a constructive role in society as responsible citizens and as members of their local and international communities. Strong and active programs help to inspire young people to do their best and to always be prepared. The different scouting levels include Joey Scouts (aged 5-8); Cub Scouts (aged 8-11); Scouts (aged 11-15); Venturers (aged 15-18) and Rovers (aged 18-25).

Volunteering Opportunities: Adult leaders interested in working with young people.

Personal qualities/skills/ experience/qualifications

Caring, adults with an interest in the outdoor. Looking to mentor, train and support young people

Training, trials and checks

Adult leader require working with children and police check. All training is provided– adults volunteer to support Committee participating adult, support committee fundraising, support leader.

**Contact the Group Leader for more information: 1st Burrill
Ulladulla Sea Scout Group: (Tracey) 0417 342 580**



Noah's Inclusion Services

Services: Noah's Inclusion Services is a community based, NDIS registered, not for profit organisation. Since 1981 we have been working with children of all abilities and their families to provide excellence in early childhood education, therapy and support. We provide therapy, education and support for children, young people, their families and carers so they are included and can participate meaningfully in their home, early childhood centre, school and community.

Volunteering opportunities: We would love help with maintaining (weeding, blowing away leaves etc) our outside play area for our children. We have the space for a veggie garden if we can find a green thumb. Cleaning of toys and equipment. Repairs and maintenance of equipment.

Personal qualities / skills / experiences / qualifications: friendly personality, gardening experience.

Training, trials and checks: Volunteer Working with Children Check, Criminal History check.

Contact: Noah's inclusion services – 4455 1318



Yurana – Cancer Kids Holiday Homes

Services: Yurana has three homes available for a holiday/ break to families living with seriously ill children. The homes are situated in Ulladulla and Burrill Lake.

Volunteering Opportunities: Housekeeping, including some general cleaning and some garden maintenance.

Personal Qualities: Reliable, flexible, willingness to work when needed.

Training, trials & checks: In house training provided.

Contact: Barbara Anderson, 02 4454 1700

Email: yurana.homes@bigpond.com



3. COMMUNITY INFORMATION & SHARING

Ulladulla & Districts Community Resources Centre

Services: Information and referral; Admin Support Worker; JP Community desk; Counsellor; Assist homeless people with referrals and food parcels, regular craft and living skills activities, yoga and educational workshops; assistance with forms, phone/fax, photocopying and laminating; computer use & free lessons; Literacy Lessons, Work Develop Order Program, Bi-monthly newsletter, Tax Help, meeting rooms for hire and Food Store. Events, visiting services, groups and activities.

Volunteering opportunities: Management Committee member when available, Reception and Administration duties, assist with Ulladulla Food Store, computer lessons, Literacy Tuition, Tax Help and project work as required, such as community education, and fundraising.

Personal qualities/skills/experience/qualifications: empathy, flexibility, respect for rights of others, adhere to privacy and confidentiality commitment, computer skills, and reception experience is appreciated.

Training, trials and checks: Induction and on-the-job training and other training as required for the role. Working with Children Check applies.

Contact: 78 St Vincent Street, Ulladulla 4454 0477
www.ulladullacrc.org.au



Community Connect Southern Shoalhaven

Services: A community organisation run by volunteers for volunteers. Their aim is to support is to help community volunteers and groups to connect, communicate and to collaborate by providing assistance, advice, information, and education. Regular public meetings are held to connect volunteers, and to exchange information and resources.

CCSS connects volunteers to groups, sources affordable training, and is a resource for information sharing and local awareness of volunteering opportunities.

Community Connections Public Meetings are on the 2nd Monday of the 2nd months (Feb, Apr, Jun, Aug, Oct, Dec)

Further information, communityconnectss.com.au, Facebook page, help@communityconnectss.com.au.



4. COMMUNITY ENVIRONMENTAL GROUP

Gondwana Fossil Walk and Fossil House

Services:

Provide guided fossil walks around Ulladulla Harbour and keep the Fossil House display open to show visitors the range of fossils found in the region and some other fossils from around the world.

Volunteering opportunities:

Staff the Fossil House and show visitors through the four display rooms. Do a regular 2 ½ hours shift in Fossil House- either morning or afternoon one day each week, Wednesday to Saturday.

Assist guides conducting Fossil Walks in Ulladulla Harbour for groups of adults and children. Walks take around 2 ½ hours.

Personal qualities/skills/experience/qualifications:

Outgoing, reliable, comfortable with groups of adults and children.

Training, trials and checks:

The Fossil House display is self-explanatory with lots of signage and no geological knowledge is required. For each shift, volunteers are to open/close display.

Assistant Fossil Walk guides, who show an interest in the Fossils, will be trained on the job by experienced guides.

Contact: Phil on 0408 588 166



5. COMMUNITY SERVICE CLUBS & GROUPS

Community Service Groups - Mixed

Services: Community based service groups meet on a regular basis and as part of their activities frequently undertake a variety of targeted projects to benefit local, national and often global needs. Each club has its own aims, projects and ways of operating, so for more information contact the club of interest.

Contact Details:

Apex Club of Milton-Ulladulla Inc. 0400 353 030

(leave message)

PO Box 67 Ulladulla, 2539

Apex@miltonulladulla.com

Australian Red Cross

4455 6149

Country Women's Association (CWA)

Milton District Branch

55 Wason St Milton 2538

PO Box 323 Ulladulla 2539

Email: MiltonCWA@gmail.com

Facebook: CWA Milton

Lions Club of Ulladulla Milton Inc.

PO Box 90 Ulladulla 2539

Email: lionsclubulladullamilton@gmail.com

Rotary Club of Milton Ulladulla Inc.

0490 149 415

PO Box 151 Ulladulla 2539

6. COMMUNITY TRANSPORT

Community Transport Aid Ulladulla Milton & Districts Inc.

Services: Provide transport to attend medical or health related appointments for people who live in the lower Shoalhaven within Bandalong to Durras North. Will travel locally and distant such as Sydney, Wollongong, Canberra, Bowral, Goulburn, Batemans Bay, Moruya, and Nowra.

Volunteering opportunities: Drivers (cars) (long and short distances), Coordinators. (As required)

Personal qualities/skills/experience/qualifications:

Patience, flexibility, good people skills, ability to relate well to others, understanding and caring attitude.

Drivers are required to have current Driver's Licence and a good driving record.

Training, trials and checks: Drivers attend in-house training provided by an experienced CTA volunteer. Intern accompanies them on their initial drive. Coordinators are provided with on-the-job training by an experienced coordinator. Volunteers are required to undertake a Police Check as part of the pre-selection process (paid for by CTA).

Contact: 13 Witherington Avenue, Ulladulla 4455 4415



Shoalhaven Community Transport Service Inc.

Services: Provides door to door transport to medical appointments, shopping, visits to nursing homes/hospital, library, etc. for eligible frail aged persons, persons with a disability and their carers or a person who is unable to catch public transport, who are living in the community to maintain their independent lifestyle.

Volunteering opportunities: Include bus and car drivers, plus driver's assistants who can help clients on, off and within the bus such as securing seatbelts and assisting with walking aids etc. Long distance driving may be required.

Personal qualities/skills/experience/qualifications:

- Empathy
- Caring nature
- Desire to help others. Bus drivers require a current LR Licence or above
- Car drivers require a current Class C Licence

Training, trials and checks: Induction training and training relevant to the role of the volunteer is provided. Police and Working with Children Checks apply. Drivers need to provide an RTA driver's record (cost reimbursed if the applicant is accepted by the organisation after the trial period). Expenses such as petrol costs incurred when travelling to and from the depot are reimbursed.

Contact: Unit 1, 1-3 Collier Rd, Kings Point 4454 0840



7. COMMUNITY VISITORS SCHEMES

Shoalhaven Palliative Care Volunteer Service Inc.

Services: Volunteers provide social, emotional and practical support to palliative patients in Milton-Ulladulla hospital and support and respite for palliative clients and their carers in their homes in the community. There is also an opportunity to support other patients in a “safe patient area” program in the hospital where we can support our frail, older patients. Volunteers are a part of the Shoalhaven Palliative Care Team, Illawarra Shoalhaven Local Health District.

What do we really do? Sometimes we do something as simple as making a cuppa and having the time to listen or offering a soothing hand or foot massage-not only for the patient but their carer as well. We can keep a client company at their home so their carer can run errands or have a break without worrying that everything is ok. We assist with occasional emergency transport to appointments or give a home client the chance to get out of the house for a drive or bit of shopping.

Experience/qualifications required: None! We all bring our own strengths interests and life skills to volunteering. The only essentials are recognising the importance of confidentiality, warmth and compassion, a listening ear and the time to help others.

Application requirements and training: People interested in volunteering are asked to complete an application, attend an interview and criminal record checks are undertaken. Training consists of 6 days face-to-face training, which is conducted at Milton-Ulladulla Hospital, and new volunteers are then supported by an

experienced volunteer to help them settle in.

Contact: The Coordinator 0428 113 492



Ulladulla Respite Service & Friends Group

Services: Support and activities for older people, people with dementia and their carer's. The service conducts groups for older people and people living with memory loss who are living at home with a carer or at home with a carer visiting regularly.

Volunteering opportunities: Day programs are planned and facilitated by qualified staff with the assistance of volunteer workers. Programs include games, guest speakers, drama, story writing, quizzes, craft, sing-a-longs and outings. Volunteers needed: Tuesdays & Fridays, 9.30am – 2.30pm.

Personal qualities/skills/experience/qualifications:

Understanding of aged care needs, compassionate, willing to be part of a team, good communication skills.

Training, trials and checks: On-the-job training provided such as Dementia education and food handling. Criminal Record Check applies – paid for by organisation.

**Contact : Ulladulla Respite Services Coordinator 4455 5366
(Ulladulla Community Health Centre)**

Community Health Centre -Health Promotion

Services: A variety of health-related programs are conducted throughout the year to meet the needs of the community. Programs change on a regular basis - past programs include Falls and Injury Prevention; Healthy Weight; Tobacco and Health and walking groups.

Volunteering opportunities: Volunteers are often needed to help run the programs depending on the content.

Personal qualities/skills/experience/qualifications :

Compassion, flexible, good communication skills, willingness to be involved.

Training, trials and checks: Contact the Ulladulla Community Health Promotions Officer for more information.

**Contact: Ulladulla Community Health Centre, HealthONE,
Health Promotions Officer - 4455 9999**

Southern Shoalhaven Meals on Wheels Inc.

Services: Provide Food Services & Social Support to frail, aged and younger people with disabilities and their carer's. The Food Service provides frozen meals to clients in their home. The Social Support program provides accompanied outings and fortnightly social activities (transport and lunch is provided) as well as home visits to people who are isolated and lonely. Additionally, a men's group, a card making group, and a scrabble group operate on a monthly basis.

Volunteering opportunities: Meal service, home visits, accompanied outings, social support, food preparation and positions on the Management Committee.

Personal qualities/skills/experience/qualifications:

Compassionate, empathy, reliable, honest, willing to learn new skills, good listener, polite, patient and punctual.

Training, trials and checks: Orientation/induction training provided plus possible opportunities to attend short programs such as Food handling, First Aid (depending on role). Police Check applies – paid for by organisation.

Contact: 4455 2861 9am – 2.30pm



Illawarra Retirement Trust

Services: IRT provides a variety of services to assist seniors to achieve their optimum quality of life. Services are provided to seniors living within the wider community and those within the organisation's lifestyle and care communities.

Volunteering opportunities: Include assisting with activities such as art; painting; games; mealtimes; church services; and driving the light rigid bus/van during outings. Volunteers are encouraged to nominate for the activities which best meet their interests and the variety of activities conducted within the Care Centres.

Personal qualities/skills/experience/qualifications:

Compassionate, patient, flexible, understanding and have empathy for others. Bus/van drivers require a current LR licence or above.

Training, trials and checks: Induction/Orientation and On-the-job training relevant to the role. Volunteers undertake a registration process including a Police Check (paid for by IRT) (A police record does not necessarily disqualify a person from being accepted (depending on the offence) - IRT Employee Services Dept. makes final decision)

Contact : Sarah Claydon Retirement Village 4454 7511



9. EMERGENCY, DISASTER & RESCUE SERVICES

Marine Rescue NSW – Ulladulla Unit

Services: The service is committed to saving lives at sea and provides vital safety services to boaters through help, support and advice. Services include log on/off radio service, radio club, search and rescue and education.

Volunteering opportunities: Includes: Radio operators; search and rescue crewmembers; administration and computer operators; assistance with market stalls and fund- raising; collecting donations at shows and sporting matches.

Personal qualities/skills/experience/qualifications, etc.

- Life experience
- Willingness to be part of a team and to undertake regular training related to the volunteer role.
- Get satisfaction from helping others
- Patience
- Ability to keep calm in a crisis. Radio operators require good hearing ability.

Training, trials and checks, etc: A variety of training is provided relevant to the specific role such as First Aid, defibrillation and oxygen therapy, basic meteorology, navigation and seamanship. A National Criminal History Record Check is undertaken – a record does not necessarily disqualify a person from membership.

Contact : 02 4455 9500 base.ulladulla@marinerescue.nsw.com.au



State Emergency Services (SES)

Services: Assists is the combat agency for Storm, Flood and Tsunami. This results in a range of activities including removing fallen trees/branches, patching leaks from roofs, diverting water, sandbagging, flood rescue, monitoring Lake and Clyde River levels, supporting isolated communities, gathering intelligence, conducting risk damage assessments and managing these wide range of requests for assistance. SES assists other emergency services e.g. Police with Crime Scene preservation, welfare checks and searches on land and water, Fire and Rescue with structural damage to buildings, Ambulance with time critical medical heart attacks, RFS with fire response including establishing forward command posts, catering and road clearing. Volunteers assist the wider community by providing information sessions to preschools, primary schools, secondary school, at community events, to service groups and other groups as requested. Our volunteers also have the opportunity to assist other communities both in wider NSW and interstate.

Volunteering opportunities: Volunteers can choose to contribute to either or both Incident Management and/or Field Response. Nationally accredited training is available to all volunteers. Incident Management includes operational management, intelligence, planning, communication skills, public information and logistics. Field Response is diverse and includes but is not restricted to flood response skills, general rescue skills, chainsaw skills, urban search and rescue skills, working at heights and on the ground.

Personal qualities/skills/experience/qualifications: No experience or prerequisite skills but it is helpful if you have a desire to assist members of our community, able to assist the needs of the community at a moment's notice, a commitment to learning – prepared to acquire new skills and accreditation and use those skills in responding to community needs, a willingness to work in and contribute to our team, and a positive attitude- everyone can do something.

Training, trials and checks:

SES provides opportunities for volunteers to become trainers and assessors and meet VET requirements of courses on offer – skills and certificates are nationally accredited and easily transferable into many vocations.

New Volunteers start with an induction program called 'Job Ready', followed by First Aid, Field Skills, and Beacon Familiarisation. (Beacon is the SES management database). Mix of online and face to face learning is most common. This is followed by a mix of local and nationally accredited training modules relevant to your interests e.g. Participate in a Rescue Operation, Land Search, Map Reading, Planning, Public Information, Operations, Incident Control, Storm Response on Ground or at Heights, Chainsaw, Flood Boat, Flood Rescue, Urban Search and Rescue, 4WD.

Interested new volunteers are invited to say hello at a local community event, or to drop by at SES Headquarters in Camden St on a Wednesday evening (Feb to Nov), or to call 132 500 & ask for a return call or to search 'NSW SES volunteer' and complete the application form. We will then contact you. The application process includes a police check and 100 points identity check. COVID vaccination is required.

Contact: 132 500



10. ENVIRONMENT AND CONSERVATION

Bush Care Groups on Public Land

Services: The Bush Care program is designed to promote the ecologically sustainable management of natural bushland and rainforest areas and provides an opportunity for community members to be actively involved in directly improving their local environment.

Volunteering opportunities: Volunteers attend weekly or monthly for approx. 2 - 4 hours. The work includes bush and dune regeneration, weed control, revegetation, wetland and creek restoration, ongoing care and maintenance of sites and seed collection and propagation.

Personal qualities/skills/experience/qualifications :

Reliable, have general gardening skills, able to work well with others and take simple directions, be physically fit and willing to learn.

Training, trials and checks: The groups undertake a Work, Health and Safety Induction. Shoalhaven Council provides free training relevant to the work carried out e.g., safe use of chemicals and plant identification. Volunteers need to wear long sleeves/long pants/suitable footwear. Other tools and equipment are supplied by Council.

For more information or to register visit:

<http://www.shoalhaven.nsw.gov.au/Environment/Bushcare>

Contact Council Coordinator 4429 3592

Milton Rural Landcare Nursery

Includes Native Plant Nursery and activities related to the nursery e.g., Propagation of plants from stock collected locally and then used to support projects on local farms/National parks/council and reserves.

For further information: info.miltonrurallandcare@gmail.com
or write to: Milton Rural Landcare Inc. P.O. Box 179,
Ulladulla, NSW 2538.



11. FUNDRAISING—OPPORTUNITY SHOPS—WELFARE

Australian Red Cross, Milton-Ulladulla Branch

Services: Assistance in local emergency services; Telecross (Daily phone calls to check on isolated person's well-being 365 days a year); Trauma teddies (Hand knitted bears given free via hospital/ambulance and medical services).

Volunteering opportunities: Telecross workers; knitters of trauma teddies; making cards, jams and knitted items to sell at market stalls to help with fundraising; an opportunity to join in the monthly meetings.

Personal qualities/skills/experience/qualifications :

A friendly, cheery voice for the Telecross phone service, craft (including knitting) and cooking skills, punctual

Training, trials and checks:

Training provided for the Telecross and the Emergency services Police Checks may apply.

**Contact Details: President Margaret Peppitt 0429 042 787
Ulladulla Branch 4455 6149**



Cancer Support Foundation of Milton Ulladulla Inc.

Services: The Foundation provides funding and support programs for cancer patients, family members and carers, the Milton Cancer Centre, and its volunteers. Programs include fundraising for patient support and Palliative Care, building/garden and grounds maintenance, additional equipment for the Centre to benefit patients and an education fund for staff.

Examples of support to patients include - transport to and from the centre or financial support for those who may need it. This support is arranged through the staff of the Cancer Care Centre at Milton Ulladulla Hospital.

Volunteering opportunities: Assist with fundraising events.

Personal qualities/skills/experience/qualifications: Flexible, reliable, personable, good communication skills, team player, willingness to abide by the rules and regulations e.g. confidentiality and privacy regulations.

Contact Details: info@cancersupportfoundation.org.au



The Dunn & Lewis Youth Development Foundation

Services: Creates new opportunities for young people in the local community. The organisation focuses on initiatives that positively contribute to young peoples' personal, social and vocational wellbeing.

Volunteering opportunities: Include a variety of activities e.g., Computer/IT; Administration; Gardening; Helping in the Art Gallery and with Tourism Promotion; as well as assisting with catering activities as needed.

Personal qualities/skills/experience/qualifications:

Well-mannered, able to follow instructions, polite and respectful of others.

Training, trials and checks: Induction training is provided as well as on-the-job and in-house programs relevant to the volunteer's work and as needed. Some screening checks may apply depending on the type of work being carried out. A record does not necessarily disqualify a person from becoming a volunteer.

Contact Details: admin@dunnlewiscentre.com.au, 4454 1099



**Milton Ulladulla Branch
United Hospital Auxiliaries NSW Inc.**

Services: The hospital's aim is to provide the best possible health care for the community from qualified health care workers. The Hospital Auxiliary raises funds on behalf of the hospital for the purchase of additional hospital equipment for the benefit of patients and patient care.

Volunteering opportunities: Fundraising for additional hospital equipment, visiting patients; emergency packs for unplanned admissions.

Personal qualities/skills/experience/qualifications:

Good communication, caring, compassionate, follow privacy & confidentiality regulations, willing to follow organisational policies/procedures & be part of a team

Training, trials & checks: Orientation programs and annual mandated updates as well as training. Criminal Record. Current vaccinations needed. Auxiliary makes the final decision on suitability of applicants.

Contact: Secretary. 0404 841 435. President: 0403 030 775



Outreach Centre – Uniting Church of Australia

Services: The Centre provides assistance and service to the community in times of need. A variety of items are sold through the Centre e.g. Second-hand clothing, books and small household items available at very reasonable prices.

Volunteering opportunities: Assisting in the Centre shop through sales, service, stocking racks and shelves and sorting of items prior to re-sale.

Personal qualities/skills/experience/qualifications :

Integrity, a pleasant manner, tidy, good health, good communication and people skills and reliable

Training, trials and checks: On-the-job training is provided by the supervisors. Volunteers need to complete an application form. There is a trial period.

Opening hours:

Monday Tuesday, Thursday & Friday	10am - 4pm
Wednesday	10am - 1pm
Saturday	9am - 12pm

Contact: Visit outreach Centre in person, corner North St and Princes Highway, Ulladulla



St Vincent de Paul Society

Services: Assists those in need to overcome an immediate crisis. Services include family support, assistance with food, clothing, prescriptions (via voucher), furniture, advocacy and referral and Financial Counselling.

Volunteering opportunities: Shop assistant and general shop maintenance, for e.g., Dusting and cleaning, sorting books, clothes and toys, sewing e.g., replacing lost buttons, home visiting, stock control/quality assurance activities such as culling of unsuitable items and carrying out minor maintenance prior to resale.

Personal qualities/skills/experience/qualifications :

“Christian-hearted” through compassion and understanding of those in need, be able to work well with others, good communication skills and willingness to learn new skills and be part of a team.

Training, trials and checks: Training provided on-the-job and includes basic workplace safety training. A 3-month trial/probation period applies and required to pass “Good Character” declaration via Police Check (paid for by the organisation) - a record does not necessarily disqualify a person from being accepted as a volunteer.

Contact: 251 Green Street, Ulladulla. 4455 1466



The Milton Ulladulla Entertainers

Services: The purpose of the group is to raise funds through the yearly Dinner Cabaret shows (usually 7 sessions in total over 2 weeks). Local charities and causes are supported through fundraising.

Volunteering opportunities: singer, dancer, costume makers, hairdressing and make-up, stage building, ticket and raffle selling and hosts for the performances.

Personal qualities/skills/experience/qualifications :

Team player, flare for the arts, flexible, reliable, good sense of humour and communication skills.

Training, trials and checks: N/A.

Contact: 0400 353 030



The Salvation Army

Services: Red Shield Family Store - an opportunity shop which raises funds for charity through the re-sale of clothing, electrical goods and household items at reasonable prices, welfare service including professional family/legal/financial counselling, emergency aid during times of crisis and disaster relief, church activities such as youth groups, a Mums and Bubs support program, weddings, dedications and funerals.

Volunteering opportunities: Shop; pick-up and delivery, sorting items for re-sale, retail sales, administration/ computer work, marketing; Welfare Counselling (qualified).

Personal qualities/skills/experience/qualifications: Willingness to work as part of a team, have basic skills and fit for the role, honest, flexible, reliable, resilient, compassionate, good problem solving skills and be of good character

Training, trials and checks: On-the-job training provided e.g., Till operation; customer relations; health and safety. Opportunities to complete Certificate III/IV level training,

First Aid and other programs depending on the role. A Police Check applies (a record does not necessarily disqualify a person from being accepted -depends on the offence). Working with Children check

Contact: Family Store Manager on 4454 1538, Shop 12, 137 Princes Hwy, Ulladulla



12. Surf Life Saving

Mollymook Surf Life Saving Club Inc.

Services: Provides surf lifesaving activities including beach patrols in peak seasons (Sept - April) to help make beaches safer. Also provides education and support programs to the community on beach and water safety.

Volunteering opportunities: Beach patrol, Fundraising, Administration, Training/Education, Radio Operations & Management Committee members.

Personal qualities/skills/experience/qualifications :

Ability to work as part of a team, good communication skills, general fitness (patrol members), organisational skills, appreciation of the beach and its environment and a desire to help others.

Training, trials and checks: Orientation, 3 weeks training and assessment towards Bronze Medallion and thereafter yearly assessment (patrol members), plus other training relevant to the role being carried out e.g. training for radio operations and First Aid. Membership of the club is compulsory for volunteers and Police and a Working with Children Check applies.

Contact: Secretary - admin@mollymooksurf.com.au

0459 189 977



13. Miscellaneous

Safe Waters Community Care Inc.

Services: Offering crisis accommodation to those experiencing homelessness. Offer a safe environment, prepare a meal, bathroom and laundry facilities available.

Volunteering opportunities: Shelter volunteers are rostered on for two shifts – 5pm-9pm and 9pm-9am (sleep over shift). Their role is to supervise guests in a safe shelter environment, help prepare meals for guests, take time to engage with guests socially, welcome new guests.

Personal qualities/skills/experience/qualifications: Good communication skills, able to work as part of a team and independently, empathy and willingness to work with culturally and socially diverse people.

Training, trials and checks: Current NSW driver's licence, current first aid certificate, working with children check.

Contact: 240A Princes highway, Ulladulla.

Ph: 0457 740 951

Email: reception@safewaterscc.org

Consider also the community listings of interest within the Shoalhaven City by going to communityconnectss.com.au and decide on the areas of interest such as:

- Additional community service groups and clubs not listed in this directory
- Interest and support groups
- Local sport and recreation clubs (see also the Milton Ulladulla Times for news and contact details for these listings)
- Entertainment groups (see also local newspaper for any upcoming productions, information and advertising)

See page 5 of this directory for more information on listings and access.

This resource has been produced by
Ulladulla & Districts Community Resources Centre and
printed by the Shoalhaven City Council

For enquiries or to add/change any information:

**ULLADULLA & DISTRICTS
COMMUNITY RESOURCES CENTRE**

78 St. Vincent St, Ulladulla NSW 2539

T: (02) 4454 0477

Email: coordinator@ulladullacrc.org.au

Website: www.ulladullacrc.org.au



Updated January 2025

Originally compiled by L de Wilde – August 2012
Charles Sturt University, Bachelor of Social Work student with
the assistance of other students, volunteers and the
Management Committee.

Notes
