



# THE ULLADULLA AND DISTRICTS COMMUNITY RESOURCES CENTRE NEWSLETTER

DECEMBER 2024/JANUARY 2025

## WHAT'S NEW NEWSLETTER

### Who We Are and What We Do

The Ulladulla and Districts Community Resources Centre is your local Neighbourhood Centre. We are here to assist all members of the community and visitors to the area who contact our Centre.

We have a variety of services that visit the Centre. We also offer information and referral, administrative support, group activities, Food Store and food parcels, Justice of the Peace, Work Development Orders, free computer tuition, Tax Help and we hold courses and events.

**The Centre is located at: 78 St Vincent Street, Ulladulla NSW 2539 Phone:**

**02 4454 0477**

**Closing dates for the Resources Centre  
Mid-day 19 December 2024 and re-opens  
9am Monday 6 January 2025**



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## Weekly CRC Visiting Services and Activities

DAY	GROUP OR SERVICE	CONTACT	HOURS
Monday	NA JP Community Desk Family Services RFCS Financial Counselling YOGA	4454 2990 4454 0477 1800 372 000 1800 570 655 4454 0477	12pm-2pm 9am-12pm By Appointment 4 <sup>th</sup> Monday of month 10-11AM
Tuesday	AlAnon Headspace Interagency (first Tuesday of the month) JP Community Desk Family Services Campbell Page	4454 3823 4446 7300 4454 0477 4454 0477 1800 372 000 1300 139 920	10am-11.30am By Appointment 9.30am-11am  9am-12pm By Appointment weekly
Wednesday	Correctional Services Food Store Personnel Group Shoalcoast Legal 2 <sup>nd</sup> and 4 <sup>th</sup> JP Community Desk Headspace	4424 6700 4454 0477 0413 463 069 1800 229 529 4454 0477 4446 7300	9am-4pm 9.30am-11am 9am-4pm By Appointment 9am-12pm By Appointment
Thursday	AlAnon Ostara Workskills Stroke Recovery 3 <sup>RD</sup> Thurs JP Community Desk	4454 3823 9055 1630 4403 9646 1300 650 594 4454 0477	1pm-2.30pm By Appointment Fortnightly Monthly 9am-12pm
Friday	Food Store Personnel Group JP Community Desk	4454 0477 0413 463 069 4454 0477	9.30am-11.00am By Appointment 9am-12pm
Other Activities	Counsellor - Sarah Date  Computer and Literacy Lessons  Admin Support Worker  Tax Help (Aug-Oct)	0400 173 391  4454 0477  4454 0477  4454 0477	By Appointment  By Appointment  By Appointment  By Appointment

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## FREE LEGAL ADVICE

### **Shoalcoast Community Legal Centre Inc.**



Shoalcoast Community Legal Centre offers free and confidential legal advice by phone or face to face. We visit the Ulladulla and Districts Community Resource Centre fortnightly on a Wednesday.

Bookings are essential.



1800 229 529



[www.shoalcoast.org.au](http://www.shoalcoast.org.au)

#### **We can assist with:**

- Traffic Offences
- Neighbour Disputes
- Employment Issues
- Tenancy
- Credit and Debt
- Parenting Matters
- Separation / Divorce
- Planning Ahead
- Victims Compensation
- Domestic Violence
- Consumer Issues
- Personal Safety
- Procedural Advice

### [Financial Distress – a story by Agony Ann](#)

“Life was a struggle as a single mother. She managed the day-to-day expenses of living...rent, food, electricity, petrol etc....with some tight planning - saving what she could for a rainy day. But those savings were always being eroded by increases in food expense and trying to keep the children in decent clothes and shoes - they grew so quickly. She worked as many casual hours as she could to keep their heads above water but with the prohibitive cost of childcare, she could not work any more hours.

And now the car was due for rego and this year she had just not managed to save enough to pay. She had no idea what to do... the car was not a luxury but a necessity for work and school. She was sitting worrying during her tea break when a colleague asked if she had heard of the No Interest Loan Scheme. No, she said...

How do I find out more? Try the Local Community Centre came the reply...they will have the information.

Calling in to the Resource Centre she picked up a brochure which confirmed that she was eligible for the scheme and made an appointment with the NILS consultant. She felt more optimistic about the future”.

**Call: No Interest Loans on: 4276 2224 or 0490 884 943 make an appointment to see them in Ulladulla.**

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## Supporting South Coast Locals for 50 Yrs

Elders Insurance Ulladulla is proud to support Ulladulla CRC and many other business and community groups by giving sponsorship dollars, free advice, and volunteering our time.

When you need some advice on insurance, ask the company local's trust - call Elders Insurance Ulladulla



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02 4455 1277 🔍 Search for 'Elders Insurance Ulladulla'



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We're still here  
and working for you!  
Please call 1300 874 000.

[personnelgroup.com.au](http://personnelgroup.com.au)



**249 PRINCES HIGHWAY ULLADULLA NSW 2539**  
**PHONE (02) 4455 5339**

Our friendly helpful staff are available for all your pet care and large animal needs. From advice about flea or tick control through to an emergency in the middle of the night



<b>Vincentia</b> 6 St George Ave Ph: 4441 8886	<b>Ulladulla</b> 268 Green St Ph: 4455 6000	<b>Sussex Inlet</b> By Appointment Ph: 4441 8886
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Email: [support@jervisbayhearingcentre.com.au](mailto:support@jervisbayhearingcentre.com.au)

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