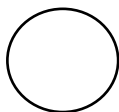
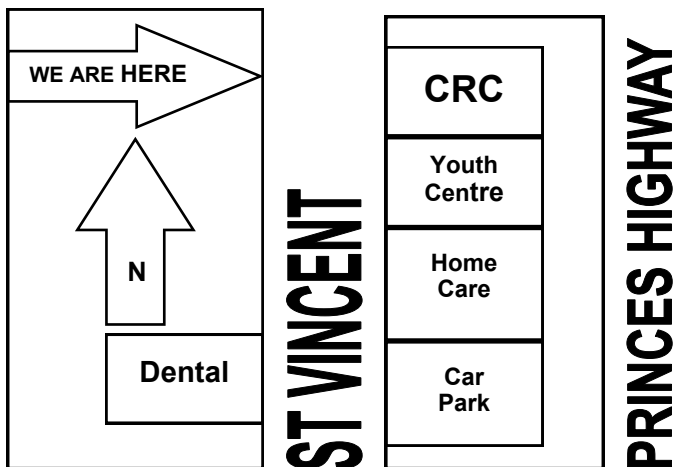


GREEN



STREET



### VISITING SERVICES

- ♦ Probation and Parole
- ♦ Shoalcoast Community Legal Service
- ♦ Legal Aid Family Law
- ♦ Greenacres Employment Solutions
- ♦ & other visiting services



Ulladulla Community  
Resources Centre

## Kids & Burns



### What Does the CRC Offer?

- ♦ Community Worker
- ♦ Administrative Support Worker
- ♦ Educational Workshops
- ♦ Information & Referral
- ♦ Phone/Fax Service
- ♦ Photocopying & Lamination
- ♦ Meeting room for Hire
- ♦ Men's Projects
- ♦ Support Groups

78 ST VINCENT ST  
ULLADULLA 2539

Ph: (02) 4454 0477  
Fax: (02) 4455 6084  
Email: [reception@ulladullacrc.org.au](mailto:reception@ulladullacrc.org.au)

Ulladulla Community Resources

## Kids & Burns

Burns & scalds are a major cause of serious injury in young children. There's a lot you can do to protect your children from being burnt in the home.

- ♦ Keep fires and heaters guarded
- ♦ Ensure your kids wear non-flammable Clothing
- ♦ Install a device to keep your hot water tap running at 50°C
- ♦ When cooking turn saucepan handles to the back of the stove

## If the worst happens and your child is burnt:

- ♦ Smother the flames by rolling them on the ground or in a blanket or throw water over them
- ♦ Remove clothing and jewelry, but don't pull anything that's stuck
- ♦ Keep the burnt area under gently running COLD WATER FOR 30 MINUTES
- ♦ As the child may be in shock, keep them warm with a blanket etc
- ♦ Seek medical advice as soon as you can— call for a doctor or Ambulance 000
- ♦ If your child is thirsty, give them small sips of water only
- ♦ NEVER use butter, oils, ice or ointments on a burn as they will retain the heat and make it worse

## IMPORTANT PHONE NUMBERS

- |                                   |           |
|-----------------------------------|-----------|
| ♦ Ambulance                       | 13 12 33  |
| ♦ Dept of Human Services Newstart | 132850    |
| ♦ Fire Brigade                    | 4455 1020 |
| ♦ Lifeline Southcoast             | 13 11 14  |
| ♦ Milton Hospital                 | 4455 1333 |
| ♦ Ulladulla Police                | 4454 2542 |

## Family Support Service

4455 5428

158 Green Street Ulladulla

## KIDS HELPLINE

1800 55 1800

## Mission Aust. Brighter Futures

44220455

Program includes: Child Care, Play-groups, home visiting and parent groups.

## Family Relationship Centre

44291400

## Anglicare Services in Ulladulla

4454 2965

Counselling, Family Dispute Resolution, Education, Volunteer Home Visiting Program and No Interest Load Scheme