



SUPPORT GROUPS AND OTHER ACTIVITIES

- ◆ Al-Anon
- ◆ Aftercare
- ◆ Crochet
- ◆ NA (Narcotics Anonymous)
- ◆ "Novel Chat" Book Club
- ◆ Skills Workshops
- ◆ Tai Chi and Yoga

Centre open Monday - Friday
9am - 4pm

VISITING SERVICES

- ◆ Corrective Services - Probation & Parole
- ◆ Legal Aid, Family Law
- ◆ Shoalcoast Community Legal Service
- ◆ MBC
- ◆ Benevolent Society
- ◆ Workskills
- ◆ + Other visiting services

LOCAL ORGANISATIONS

- ◆ Aboriginal Lands Council 4455 5883
- ◆ Anglicare 4454 2965
- ◆ Community Health 1300 792 755
- ◆ Community Housing 4455 4543
- ◆ Community Transport Aid 4455 4415
- ◆ Shoal Community Transport 4454 0840
- ◆ Dental Clinic 1300 369 651
- ◆ Family Support 4455 5428
- ◆ Mental Health 4455 1840
- ◆ Pregnancy Support 4455 5607
- ◆ Tourist Information Centre 4444 8820
- ◆ Salvo Connect 1300 371 288
- ◆ Stroke Recovery 1300 650 594
- ◆ St Vincent de Paul 4455 5666
- ◆ U3A 4455 5273
- ◆ Uniting Outreach Centre 4454 1694

IMPORTANT PHONE NUMBERS

- ◆ Ambulance 13 12 33
- ◆ Domestic Violence Support Line 1800 65 64 63
- ◆ Fire Brigade 4455 1020
- ◆ Homeless Hotline 1800 152 152
- ◆ Human Services (Centrelink) 132850
- ◆ Lifeline Southcoast 13 11 14
- ◆ Milton Hospital 4455 1333
- ◆ Staying Home Leaving Violence 0455 071 472
- ◆ Ulladulla Police 4454 8599

Ulladulla & Districts Community Resources Centre



What We Offer

- ◆ Assistance with Forms
- ◆ Community JP Desk - 9am - 12 daily
- ◆ Computer/Internet Access & Tuition
- ◆ Counselling
- ◆ Educational Workshops
- ◆ Food Store - Wed & Fri 9.30 - 11.30
- ◆ Information & Referrals
- ◆ Phone/Fax, Scanning, Emailing
- ◆ Photocopying & Lamination
- ◆ Rooms for Hire
- ◆ Men's Projects
- ◆ Support Groups
- ◆ Tax Help
- ◆ Work Development Orders
- ◆ Voluntary Literacy Project

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Emails: reception@ulladullacrc.org.au
crcroomhire@hotmail.com

OUR OBJECTIVE

To provide a free community service to all transients and residents of the Southern Shoalhaven, regardless of race, creed, colour or gender.

YOUR RIGHTS

Every person has the right to be treated with courtesy, honesty and respect.

Your information & identity will be treated with confidentiality & privacy.

YOUR RESPONSIBILITIES

As a client, we would like you to:

- ◆ Be well informed about the service available
- ◆ Be sure to keep appointments, or inform those concerned if you are unable to attend
- ◆ Be responsible for decisions you make while we are assisting you
- ◆ Conduct yourself in an appropriate way so as to not interfere with the well-being or rights of others
- ◆ Provide feedback, positive and or negative, regarding the service you received

COMMUNITY DEVELOPMENT

The Co-ordinator will assist individuals and groups to identify community needs, and acts as a resource person to provide information, advocacy and lobbying skills. Tasks include researching social needs and planning to address current and future needs.

ADMINISTRATIVE SUPPORT WORKER

The worker provides support assisting with the preparation of resumes and helping bridge the gaps in services.

ROOMS FOR HIRE

Rooms are available for booking by community groups or services on either a permanent or casual basis.

MEN'S PROJECTS

This program offers group activities, education, counselling, advice and general support.



Ulladulla Community
Resources Centre

OUR AIMS

- ◆ Provide a direct service to relieve poverty, distress, sickness or helplessness. Direct people needing help to the most appropriate resource
- ◆ Provide and promote readily available comprehensive sources of information relating to community and welfare services and amenities on a wide variety of matters
- ◆ To identify community needs and establish services to meet those needs
- ◆ To co-operate closely with social and community welfare organisations with a view to using available services most effectively
- ◆ To engage and co-operate in community education programmes to inform the public of community services, needs resources and civil rights
- ◆ To raise, obtain and receive funds or other aid for the purpose of achieving the aims of the organisation